

COURSE SCHEDULE 2012

1. Preparation for Final Vows (Tue Jan 3 – Sun Jan 29 2012)

Target Group: only Salesians in the last year before final vows

Contents: Orientation and assessment of the past; Religious life Today; Vows, community, prayer, mission, Discernment, Values and Meaning, Group Counseling, Guided retreat.

Last date for receiving applications: 10 December 2011

Board & Lodge: Rs.8100.00

Group Process and other programs Fee: Rs.1300.00

Course: Rs.2700.00

2. Community Animation Comprehensive (CAC) (Wed Feb 1– Wed April 25, 2012)

Target group: Exclusively for those who are going to take charge of communities. Total Seats 12 only.

This course uses the *participative model of formation*, and is a time-tested offering for the training of community animators. It covers the essentials of personal growth, leadership, animation and spirituality. The group will attend the courses 3, 4 and 5 below, as basic course work. In addition they will be given special follow up, evaluations, counselling and spiritual direction facilities with deeper experience of community, prayer and leadership. Reflective writing and self-directed study will be important components. *A Certificate of proficiency will be awarded.* Register early.

For more information, write for a separate brochure to:

jthann123@yahoo.com or dbrc76@gamil.com

Last date for receiving application: 29 December 2011

Board & Lodge: Rs.22,500.00

Group Process Fee: Rs.800.00

Course: Rs.7500.00

3. Personal Growth and Counseling for Community Animators (Sat Feb 4 – Wed Feb 29, 2012)

Target Group: leaders of communities, whether preparing to take charge or already in office

Contents: Religious Life Update, Rational Emotive Behavior Therapy, counseling Skills, Group Process, Psycho-spiritual integration and celibacy, Love, Dynamics of change, Personality and Meaningful Living.

Last date for receiving application: 1 Jan 2012

Board & Lodge: Rs.7800.00

Group Process Fee: Rs.800.00

Course Fee: Rs.2600.00

4. Leadership, Management and Administration for Community Animators (Sat March 3– Tue March 27, 2012)

Target Group: leaders of communities, whether preparing to take charge or already in office

Contents: Exercise of authority, managerial skills, Vision and

Values, Leading multi-cultural communities, Leadership and mental health, school Management issues, Animation of Communities, healing Communities, Rights and Obligations of Community leaders, Social and Political issues, Animation of Communities of women, Women's Leadership and Spirituality, Managerial and pastoral ethics, Spiritual Leadership from an Eastern perspective, Dealing with difficult people, conflict resolution, Sexual Abuse and the document on the protection of minors and Collaboration with the laity.

Last date for receiving application: 4 February 2012

Board & Lodge: Rs.7500.00

Course Fee: Rs.2500.00

5. Spirituality of Ministry and Community Animation (Sat March 31 – Mon April 23, 2012)

Target Group: Leaders of communities, whether preparing to take charge or already in office

Contents: Word of God, Core Transformation, Eastern meditation, Prayer, Spirituality, Charism, Spiritual Direction, Community Building Skills, Essential Church Documents and other Information Sources, Henri Nouwen's approach to ministry and leadership.

Last date for receiving application: 29 February 2012

Board & Lodge: Rs.7200.00

Course Fee: Rs.2400.00

6. Preparation for Perpetual Profession (Sat April 28 - Tue May 22, 2012)

Target Group: only Salesians in the last year before final vows

Contents: Same as Course No.1

Last date for receiving application: 25 March 2012

Board/ Lodge: Rs.8100.00

Group Process and other programs Fee: Rs.1300.00

Course Fee: Rs.2700.00

7. Course for the Salesian Rector (Mon May 7 – Sat May 12, 2012)

Target Group: Leaders of Salesian communities

Contents: Rector's Manual, Animation of the community, admission procedures. Meetings, programming and organization, relationship of the community, collaboration, financial responsibility, legal issues, Event management, dealing with difficult people, conflict resolution, sexual abuse and the document on the protection of minors, collaboration with the laity and women, Spiritual direction.

Last date for receiving application: 1 April 2012

Fees to be settled with the provinces

8. Certificate Course in Salesiana (Sat May 26 – Thu Aug 2, 2012)

An academically rigorous course for Salesians and other members of the Salesian family focusing on deeper and

more systematic knowledge of Don Bosco, the Salesian family and Salesian experience, for specific details please await a separate folder on Salesian studies.

9. Fully Alive after 50 (Thu May 31 – Thu June 14, 2012)

Target Group: Those who are 50-70 years of age, desirous of bringing about renewal in their life.

Contents: Post-midlife Transition, Helps for a meaningful, creative and productive life, Biological, emotional and spiritual issues affecting senior age and how to cope with them, Growing old gracefully.

Last date for receiving application: 13 May 2012

Board: Rs.4500.00

Course Fee: Rs.1500.00

10. Personal Renewal and Integration (Mon July 2– Mon July 30, 2012)

Target Group: Priests and religious in the 35 - 55 years' age group interested in deepening their personal and spiritual life and leading happier and more committed lives.

Contents: Midlife transition, Rational Emotive Behavior Therapy, meaningful Living and personality, Group counseling, Word of God, Happiness, Handling Negative emotions, Love and Forgiveness, Psycho-sexual integration and celibacy, Spirituality.

Last date for receiving application: 1 June 2012

Board & Lodge: Rs.8700.00

Group Process Fee: Rs.800.00

Course Fee: Rs.2900.00

11. Renewal Course for Silver Jubilarians (Wed Aug 4 – Sat Sept 1, 2012)

Target Group: Priests and religious interested in using the occasion of their silver jubilee to clarify and deepen their commitment, and grow into deeper and happier persons.

Contents: Meaningful Living, Prayer, Spirituality, Psycho-sexual integration, Happiness, Mid-Life Transition and Transformation, Word of God, Congregational charism, love and Forgiveness, Directed Retreat for 3 days.

Last date for receiving application: 1 July 2012

Board & Lodge: Rs.8700.00

Course Fee: Rs.2900.00

12. Salesian Spirituality Intensive (Tue Sept 4 – Mon Oct 15, 2012)

"An intensive on-going formation course for Salesians after final vows. Details will be published later".

13. Formation Comprehensive and Counseling (Sat Oct 20 – Thu Dec 20, 2012)

The *participative model of training* employed in the Community Animation Comprehensive (CAC) has been found to inculcate personal responsibility and leadership in

the participants. Now FCC brings the same benefit to formators with a training in the same methodology. The course will equip formators with the necessary tools to instil personal responsibility, growth and leadership in their formees. Participants will cover as course work the same material prescribed below for courses 14 (Formation) and 15 (Counselling), but will also receive additional tools to realise these aims. *A Certificate of proficiency will be awarded.* Register early.

Admission Requirements: Bachelor's degree or its equivalent and fluency in English.

Last date for receiving application: 15 September 2012

Board & Lodge: Rs.17100.00

Group Process Fee: Rs.800.00

Course Fee: Rs.5700.00

Maximum number of seats: 18

14. Formation of Formators (Tue Oct 23 – Mon Nov 19, 2012)

Target Group: Priests and religious engaged in the formation ministry. Laity who are involved in the Formation of Clergy/ Religious in a significant way.

Contents: Formation, the rhetoric and our contextual reality; essential qualities of a formator; the right atmosphere, Personal prayer, Psychology of human development, Counseling, Motivation, Formation to responsibility; Creating a good atmosphere for formation; formation to prayer; Formation methodology, Human formation, Assessments, Issues related to formation of women religious, Spiritual direction ; Pastoral ethics; Dealing with emotions; Feminist and Socio-cultural issues.

Last date for receiving application: 20 September 2012

Board & Lodge: Rs.8400.00

Course Fee: Rs.2800.00

15. Certificate Course in Counseling (Thu Nov 22 – Thu Dec 20, 2012)

Target Group: Persons involved/interested in counseling, e.g. in schools, formation house or in priestly ministry, but without advanced professional training in the subject.

Contents: Introducing counseling Concepts, models and approaches; qualities of the counselor; interviewing skills; stages and flow in the Counseling process; introduction to schools of counseling, individual and group therapy; REBT; logo therapeutic approaches and the development of meaning ; time-limited approaches; Emotional Freedom Therapy, ethical issues etc. The course will also include some supervised practice as well as individual and group counseling sessions. *A certificate of attendance will be given to the Participants.*

Requirements for admission: A Bachelor's degree or its equivalent, and Fluency in English

Last date for receiving application: 20 October 2012

Board & Lodge: Rs.8700.00

Group Process Fee: Rs.800.00

Course Fee: Rs.2900.00

RESIDENT FACULTY



Loddy Pires: RECTOR

- Licentiate in Spirituality from the Salesian Pontifical University, Rome.
 - Master's Degree in Pastoral Counselling from Loyola University, Chicago.
 - Experience: in school work; Youth work; mostly a Formator in the different phases of formation. Provincial of Bombay Salesians (6 years) and Konkan-Panjim Salesians (6 years); Counselling & Spiritual direction; Retreat Preacher. Coordinator of Salesian formation In South Asia.
- Email: loddyp@gmail.com



Joe Mannath (JM) : PROFESSOR

- Ph.D. from Rome
- Research in psychology and religion (Oxford University)
- Post-doctoral studies (psychology and spirituality) at Weston, Harvard and Boston College.
- Listed in the Marquis "Who's Who in the World." Bestselling author.
- Experience: Twenty years of formation work, twelve years of university teaching, seminars for various groups, teaching and parish ministry in different countries, counselling and spiritual direction. For details, including sample writings, see: www.joe-mannath.org. Email: jmannath@gmail.com



Joe Thannickal (JT) : PROGRAM DIRECTOR

- PhD in Pastoral Psychology from Graduate Theological Foundation, Indiana
 - M.A. in Counselling Psychology from Santa Clara University, CA
 - M.A. in Organizational Development from California Institute of Integral Studies, SFO
 - Associate in Logotherapy from Viktor Frankl Institute, Dallas, TX
 - Experience: Formation, Retreat work, Trainer-Cum-Consultant in Education, Published both in management and psychology, parish ministry, on the Speakers Bureau of SOR foundation, USA.
- Email: jthann123@yahoo.com



A. Marcel Lincoln : ADMINISTRATOR

- Studies in Alphonsian Academy, Rome
 - Professor of Moral Theology at Kristu Jyothi College, Bangalore and Sacred Heart Seminary, Poonamallee
 - Experience: Served as the vice-provincial of the Salesian Province of Tiruchy for three years, animating Youth Groups and Retreats-Seminars all along, worked in various apostolic settings including formation houses.
 - Interested in the KINGDOM, Satyo-Centric Spirituality and Social-Legal Ministry.
- E-Mail: marcel.lincoln@gmail.com

GUEST FACULTY

Felix Koikara, SDB (FK)

Specialization in Pastoral Counselling from Christian counseling centre, Vellore, Westminster Pastoral Foundation, London, and New York University, USA.

Jacob Theckanath (JB)

Master's degree in Theology and scripture. Former Director of NBCLC, Bangalore.

Godfrey D'sa, SDB (GD)

Master's degree in Psychology and Counselling. Founder-director of Prafula Psychological Service, Mumbai.

William Sequeira, SJ (WS)

Master's degree in Pastoral Psychology and Spiritual Direction from (USA). Novice Master, Mount St. Joseph, Bangalore

Bernadine Joseph, RNDM (BN)

Master's degree in Pastoral Counselling and Spiritual Direction (USA), Provincial of RNDM.

Mercy Thennattil SCSC (MRC)

PhD Counselling Psychology, La Salle University, Manila, Formation and ongoing Formation Team member.

What DBRC Provides:

DBRC offers "On-going formation". As such our concern is the formation of strong minds and spirits, updated training, strengthening of ministry practices, and exploration of new avenues of thought and action, hoping to make a significant and constructive contribution to the Church. To this end, we offer

- Chances for individual counseling and spiritual direction.
- 6000-Volume library with a well furnished reading room.
- Qualified and experienced resident as well as visiting faculty.
- Relevant and practical courses tailored to the needs of different target groups
- Scenic settings, with well-designed building set among flower garden and fruit trees, with the bonus of the well-known Bangalore weather all year round.
- Warm and joyful atmosphere
- Accommodation, food and amenities highly rated by participants

Contact DBRC:

Rector/Program Director/Admissions
 Don Bosco Renewal Centre
 SOS Post, Bannerghatta Road
 Bangalore - 560 076, India
 Tel. 080-26584115, 26593522, Rector & (Fax On Request) 080-26583718
 Admissions Email: admitdbrc@gmail.com Website: www.dbyp.org
 House Email: dbrc76@gmail.com

Fees:

Except for course nos. 2, 13 and 15, the fees are calculated as follows:

1. Participants from India and the SAARC Countries
 - I. Rs. 300 per day for single self-contained room with hot and cold running water plus food, and use of all facilities.
 - II. Rs. 100 per day for the course, which includes classes and all materials provided.
 - III. A registration fee of Rs. 100. This non-refundable fee will be deducted from the deposit of Rs. 500 that is sent with the application.
 2. Participants from other countries
- Please check with us for the fees. You will be expected to pay higher amount, though nothing even remotely resembling what centers abroad charge.

Email for admission

admitdbrc@gmail.com

Download an application form from our website www.dbyp.org and send it to us duly filled in either as an email attachment or by post. Do not register on the Website.

Please Note:

All courses begin at 6.30 p.m. of the first day of the course and conclude by noon on the last day unless indicated otherwise.

REACHING DON BOSCO RENEWAL CENTRE

Don Bosco Renewal Centre is situated in the southern part of Bangalore. Our house lies on a small side road running uphill at the Loyola Bus stop on Bannerghatta Road after the popular landmark Meenakshi temple. Our gate is immediately after the two gates of the Holy Spirit Convent on the right hand side.

From Bangalore City Station

If you are coming to Bangalore by train, its best to get down at the Bangalore City Station (the terminus) and take Bus 365, 365D, or 369C from Platform 15 at the City Stand (also known as Majestic) just opposite the Railway Station. There are also pre-paid auto Rickshaws available from the railway Station: ask for Meenakshi Temple on Bannerghatta Road. Other buses, viz. 366, 366B/C/D/F, 367A, 371 and 372- all begin from Kalasipalyam Bus stand (K. R. Market), which is not very far from the same City Station. These too come down the Bannerghatta Road.

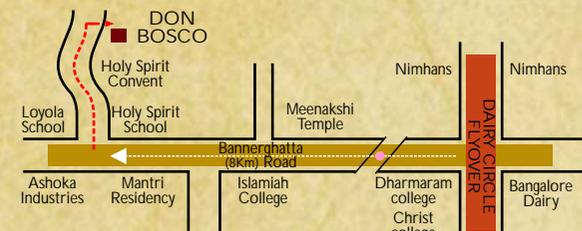
From Dairy Circle

If you are coming from Kerala or Tamil Nadu, your bus will probably stop at Bangalore Dairy Circle where you can catch any of the above-mentioned buses, and also Bus 368 which originates from Shivajinagar Bus Stand. From the Dairy Circle you can also get an auto rickshaw that should take you right up to our house.

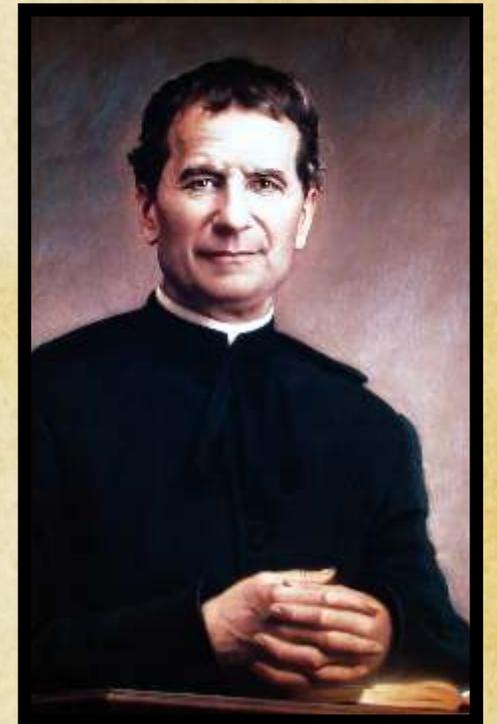
From Bangalore international Airport

From the airport you may get a pre-paid taxi to the house (landmark Meenashi Temple). Alternately you could get an airport bus to drop you at Dairy Circle or Jayanagar. From either Point you can hail an autorickshaw to our house.

More detailed instructions will be given to you on Admission.



DON BOSCO RENEWAL CENTRE



BANGALORE

formerly known as
DON BOSCO YUVA PRACHODINI

*Don Bosco Renewal Centre is an
International Training Centre of the
Salesians offering courses in on-going
formation and Professional Development
for priests, religious and laity.*

COURSES 2012